PETALUMA ACADEMY OF MARTIAL ARTS
620 Petaluma Blvd N Petaluma, CA 94952
778-1069 www.pamakarate.com
Tai Chi, Self-Defense, Kenpo Karate, Seminars

TAI CHI

Schedule (All Levels)

Mon, Wed & Fri **10-11am**

Mon, Wed & Fri **6:00-7:00pm**

Wednesday Eve **5:30-6:00pm**
Warm Up and Qi Gong

Friday Balance Class: **5:00-5:30**

Monthly Workshops
3rd Sat. of Month **11:30-12:30**

For information on upcoming seminars, classes and special activities:
www.pamakarate.com
TEXT MESSAGE: 707-787-7569

TAI CHI Tuition & Class Schedule

10-1-2026

TUITION: Tai Chi

Tai Chi Group Classes:
Unlimited Group Classes: **$185 mo**

Balance Class:
(1) Class per Week: **$60 mo**
Drop-In: **$20**

Monthly Workshops: **$30 ea**

PRIVATE LESSONS: **$65, ½ hour**

Class Drop-In Fee: **$30 ea**

Introductory Program:
(2) Private Lessons & (1) Month Unltd. Group Classes: **$130**

Our Tai Chi classes are a mixture of Qigong, Martial Arts, and Traditional Chinese Medicine adapted to the modern lifestyle. The principles of health and power are personalized to individuals of all ages and physical conditions. Nobody gets hurt, and we can practice into our 90's.