



Introduction to
**Wooden
Weapons**

This class will focus on the practical applications of the Bokken and the Staff. Using the concepts of Latosa Escrima, Kendo, and Kung-Fu, we will gain useful techniques for any weapon that uses a two-handed grip. All levels welcome, no experience required. *Bring tennis shoes, will be in the parking lot for part of the class.

DATE: Saturday, May 23rd

TIME: 11:30 to 12:30

INSTRUCTOR: Daniel Cuthbertson

COST: \$30



PETALUMA ACADEMY OF MARTIAL ARTS

620 Petaluma Blvd N Petaluma, CA 94952

778-1069 www.pamakarate.com

Tai Chi, Self-Defense, Kenpo Karate