Introduction to:

Tai Chi Straight Sword



The class will focus on flowing movement, sword mechanics, figure eights, and how to apply the principals to empty-hand Tai Chi.
All Levels Welcome, No Experience Needed
Saturday, November 21, 11:30am -12:30pm

WHEN: Saturday, November 21st
TIME: 11:30am - 12:30pm
INSTRUCTOR: Dan Cuthbertson
COST: $30

Petaluma Academy of Martial Arts
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Tai Chi, Self-Defense, Kenpo Karate, Seminars