

# KENPO CONCEPTS SEMINAR

SATURDAY, JANUARY 21ST, 2023



This seminar is going to cover a range of Kenpo Concepts, from beginning thru advanced. Some of the concepts may be familiar to most, but the hope is that many of the concepts discussed are less well known to many, but recognizable by all.

The concepts will be discussed and then applied in the creation of techniques to help the participants gain a better understanding of the concepts. By the end participants should also be able to identify and explain how the concepts discussed are utilized within the techniques of their current Belt Rank.

WHEN: Saturday, January 21st, 2023

TIME: 11:30 - 1:00pm

INSTRUCTOR: Mr. Benton

COST: \$45



PETALUMA ACADEMY OF MARTIAL ARTS

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