



## KENPO KARATE

### Children's Schedule 6-12 Years (All Levels)

Tues & Thurs 5:00-5:30  
Saturday 10:00-11:00

### Adult's Schedule 13 Years & Up (All Levels)

Mon & Thurs 6:00-7:00  
Friday 5:00-6:00  
Saturday 10:00-11:00

### Monthly Workshops

3rd Saturday of Month 11:30-12:30

#### KENPO CREED

I come to you with only Karate, my empty hands. I have no weapons, but should I be forced to defend myself, my principles, or my honor, should it be a matter of life or death, right or wrong - then here are my weapons, my empty hands.

*Ed Parker*

PETALUMA ACADEMY  
OF MARTIAL ARTS



## Tuition & Lesson Schedule

10-15-2025

### TUITION: Karate & Tai Chi

#### Karate & Tai Chi Group Classes:

Unlimited Group Classes: \$160 mo

#### Mentor Program:

(2) Private Lessons & Unlimited Group Classes: \$260 mo

#### Karate Membership Fee:

\$100 one time initiation fee that includes Uniform (gi), and White Belt

Monthly Workshops: \$30 ea

PRIVATE LESSONS: \$65, ½ hour

Class Drop-In Fee: \$30 ea

For information on upcoming seminars,  
classes, test dates, and special activities:

[www.pamakarate.com](http://www.pamakarate.com)

## TAI CHI

### Adults (All Levels)

Mon, Wed & Fri 10-11am

Wednesday Eve 6:00-7:00pm

Wednesday Eve 5:30-6:00pm  
Warm Up and Qi Gong

Friday Balance Class: 4:30-5:00

(1) Class per Week: \$60 mo  
Drop-In: \$20

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