

Intermediate - Advanced **Tai Chi**



Every Wednesday, 6 - 7pm

This class is recommended for Intermediate and Advanced Students, though Beginners are Welcome.

Focus of the Class:

- Long Form (108) Yang Style
 - Short Form (24)
 - Hybrid Forms (40 & 48)
 - Sword Sets
2-Person, Short & Long Straight Sword Sets, Broad Sword Set, Fan Set
 - Self-Defense Applications
 - Push Hands
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INSTRUCTOR: Daniel Cuthbertson, Owner & Head Instructor of Petaluma Academy of Martial Arts

Cost:

**\$85 per month or
\$25 Drop-In Fee per Class**



PETALUMA ACADEMY OF MARTIAL ARTS
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