



## KENPO KARATE

### Children's Schedule 7-12 Years (All Levels)

Tues & Thurs 5:00-5:30

Sat 10:00-11:00

### Aikido for Children

4-7 Years: Wed 3:00-3:30

7-12 Years: Wed 3:30-4:15

Cost: \$80 mo

### Adult's Schedule

#### 13 Years & Up (All Levels)

Mon 6:00-7:00

Thurs 6:00-7:00

Saturday 10:00-11:00

### Conditioning & Kickboxing

Friday 5:00-6:00



PETALUMA ACADEMY  
OF MARTIAL ARTS



## Tuition & Lesson Schedule

3-19-2023

### KARATE TUITION

#### Membership Fee:

\$100 one time initiation fee that includes  
Uniform (gi), White Belt, & School T-Shirt.

#### Kenpo Group Lessons:

(1) Group Lesson per Week: \$85 mo

(2) Group Lessons per Week: \$150 mo

Unlimited Group Lessons: \$170 mo

#### PRIVATE LESSONS:

\$65, ½ hour

PETALUMA ACADEMY  
OF MARTIAL ARTS

620 Petaluma Blvd N Petaluma, CA 94952  
778-1069 www.pamakarate.com

## TAI CHI



### Adults (All Levels)

Wed & Fri Mornings 10-11am  
Classes for Beginners

#### Wednesday Eve 6:00-7:00pm

Intermediate-Advanced Class focusing on  
the Tai Chi Forms

(1) Group Lesson per Week: \$85 mo

(2) Group Lessons per Week: \$150 mo

#### Private Tai Chi Lessons:

\$65, ½ hour

### Martial Qigong:

Every 1st Saturday of the Month

\$45 per Class 11:30 - 1:30pm

### Longevity Qigong:

Every 3rd Saturday of the Month

\$45 per Class 11:30 - 1:30pm

### Seniors Balance Class:

\$60 per Month Friday 4:30-5:00

### Vinyasa Yoga:

Sunday Sadhana with Simone

\$20 per Class, Sunday 9:30-10:45am

For information on upcoming seminars,  
classes, test dates, and special activities:

**www.pamakarate.com**